

**Seguin Independent School District  
School Health Advisory Council  
SHAC  
Minutes, May 9<sup>th</sup>, 2018**

- Lisa Burns called the meeting to order at 5:35
- All were welcomed and asked to introduce themselves. In attendance- Allison Willemin, Trason Willemin, Michele Meehan, Lisa Burns, Lyn Litchke, Kirsten Legore, Deborah Mahan, Pete Silvius, Luis Moreno, Kristen Mueller, and guest John Holt
- March SHAC meeting minutes were approved with a motion by Deborah Mahan and a second by Kristen Mueller.
- Lisa explained that based on the doodle poll earlier this year there was consensus to continue with Wednesday meetings at 5:30pm. Six meeting dates for the 2018-2019 school year were set.

**September 19, 2018--October 10,2018--January 16, 2019--February 13, 2019--April 10, 2019--May 8, 2018**

- Trayson Willemin nominated Lisa Burns to continue in the role of SHAC Co-Chair and Allison Willemin nominated Trayson as the second Co-Chair position. Both accepted and the SHAC approved this nomination with a motion from Allison Willemin and a second from Lyn Litchke.
- Lisa explained that she believes the SHAC could work more efficiently if we established 3 standing sub-committees to replace the 5 we previously had established. The 3 sub-committees will consist of Social Emotional Health, Physical Activity and Nutrition, and SHAC Governance. The following SHAC members were nominated and approved to Chair the sub-committees with a motion by Luis Moreno and a second by Kristen Mueller.  
Allison Willemin- Social Emotional Health  
Lyn Litchke-Physical Activity and Nutrition  
Luis Moreno- SHAC Governance  
Sub-committee Chairs were asked to consider establishing a meeting date for this summer to set priorities and a work plan for the coming year. The SHAC membership will be invited to join one of the sub-committee working groups. John Holt asked that the Social Emotional Sub-committee look at bringing the Shattered Dreams program to Seguin ISD. John explained that this program is used at several local districts to help students understand and witness the dangers of drunk driving. Allison Willemin will work with John and the sub-committee to bring this program to Seguin ISD.
- Lisa reported that a bottle fill station has been installed and is operational at Koennecke Elementary. We also now have 4 sponsors to allow for us to order the water bottles that will be used for fund raising. The SHAC looks forward to funding more bottle fill stations at all the other campuses as soon as funding becomes available. .
- Kirsten Legore shared that this month SISD is working to increase attendance at all campuses with a theme they are calling *Make May Matter*. Kirsten explained that attendance is a concern in SISD and this last month of school we see a significant increase in the number of students missing school.
- Lisa shared a concern that students are not receiving the recess opportunities they should be granted. Pete will investigate ways to ensure teachers are aware of their responsibility to provide daily recess and will work to help teachers to understand the importance of a recess break as a foundational need of academic achievement. Pete will discuss this with the district Administration and look for ways to address this concern.

The recent adoption of a recess resolution by the school board will take effect for the 2018-2019 school year. This resolution calls for (2) 15-minute recess breaks each day for K-5 students.

- The meeting was adjourned at 6:42 with a motion by Kristen Mueller and a second by Trayson Willemin.
- The next SHAC meeting will be September 19<sup>th</sup> 2018 at 5:30 pm

